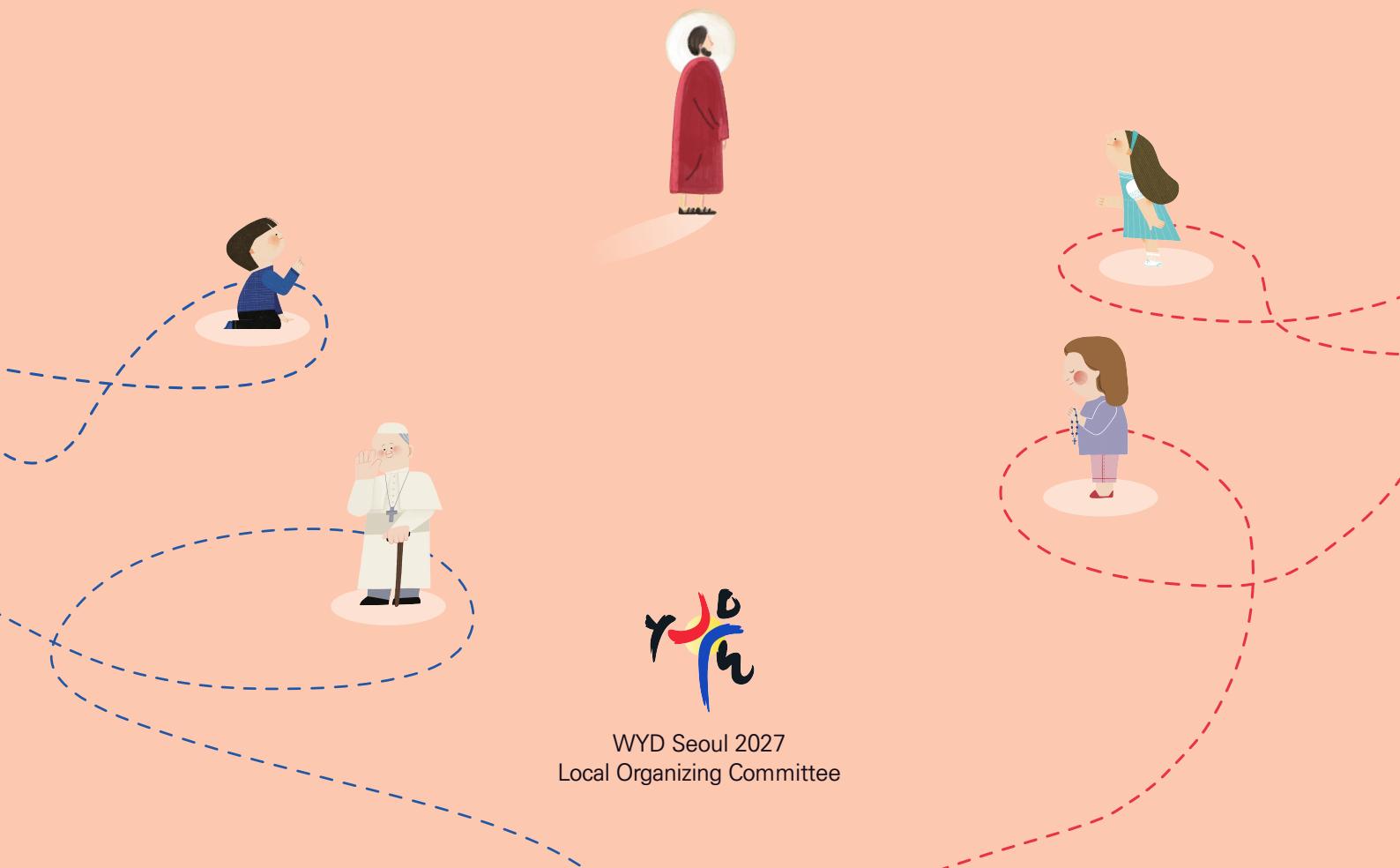


Workbook

CHRIST IS ALIVE

CHRISTUS
VIVIT



WYD Seoul 2027
Local Organizing Committee

Vocation and Discernment

The word “vocation” can be understood in a broad sense as a calling from God, including the call to life, the call to friendship with him, the call to holiness, and so forth. [...]

It makes us realize that nothing is the result of pure chance but that everything in our lives can become a way of responding to the Lord, who has a wonderful plan for us.

Pope Francis, *Christus Vivit*, 248





Let's Read

Read chapters 8 and 9 of *Christus Vivit* carefully. If any passage touches your heart, pause for a moment and reflect on what moved you and why. Write down your thoughts below.

To respond to our vocation, we need to foster and develop all that we are. This has nothing to do with inventing ourselves or creating ourselves out of nothing. It has to do with finding our true selves in the light of God and letting our lives flourish and bear fruit.

Pope Francis, *Christus Vivit*, 257





Let's Reflect



What is the greatest gift I have received from God?



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Who does God, in His deep love for me, wish for me to be? What kind of



effort can I make to become my “true self” as God desires?

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Opening Prayer

Pray the “Prayer for the Synod” together.

Share and Listen

Choose a topic from “Let’s Reflect” to share. Each person should share their reflections based on their faith and life experiences for three to five minutes. The other participants should listen with an open mind.

Listen to the Holy Spirit I

Take three minutes of silence to listen to what the Holy Spirit is saying to the group through the stories that have been shared. Refrain from any distractions, such as flipping through the book or taking notes, and focus entirely on the Holy Spirit.

Open Your Heart

Take three to five minutes each to share the insights that resonated most deeply, how you felt God’s presence and action, and what continues to echo in your hearts.

Listen to the Holy Spirit II

Take three minutes of silence to reflect on where the Holy Spirit is leading the group through today’s session.

Move Forward Together

Discuss what important Gospel values the group has discovered through today’s listening and prayer. How can we live them out? What concrete efforts should we, as individuals or as a group, make to practice these values in our daily lives?





Let's Take Action

Draw a large heart on a piece of paper. Inside the heart, draw or write the most precious gifts you have received from God to fill it with your gratitude. Take a picture and upload the photo to your social media with the hashtag **@wydseoul2027**.



Unity in the Eucharist

If possible, conclude the session by celebrating Mass together to affirm our unity in the Eucharist. If attending Mass is not an option, spend time in silent prayer in front of the Blessed Sacrament and pray together with the “Prayer for the Youth”, the official prayer for the preparation for WYD Seoul 2027. If this is also difficult, conclude the gathering by reciting the following “Prayer of Unity in the Eucharist”.

Prayer of Unity in the Eucharist



O Lord Jesus Christ, truly present in the Most Holy Sacrament,
though we cannot now receive You sacramentally,
we fervently pray to welcome You into our hearts.
Together with the Immaculate and Holy Heart of Mary,
come at least spiritually into our hearts,
and grant us the grace to be united as one in You.
We are members of Your Body;
Let us never forget that we are one in You.
May we always be instruments of Your glory,
revealing Your presence to the world.

All this we ask through Christ our Lord. Amen.



One Step Further

Christ has no body but yours.
No hands, no feet on earth but yours.
Yours are the eyes through
which he looks compassion on this world.
Yours are the feet with which he walks to do good.
Yours are the hands with which he blesses all the world.

St. Teresa of Avila



A traditional Black Forest crucifix without arms