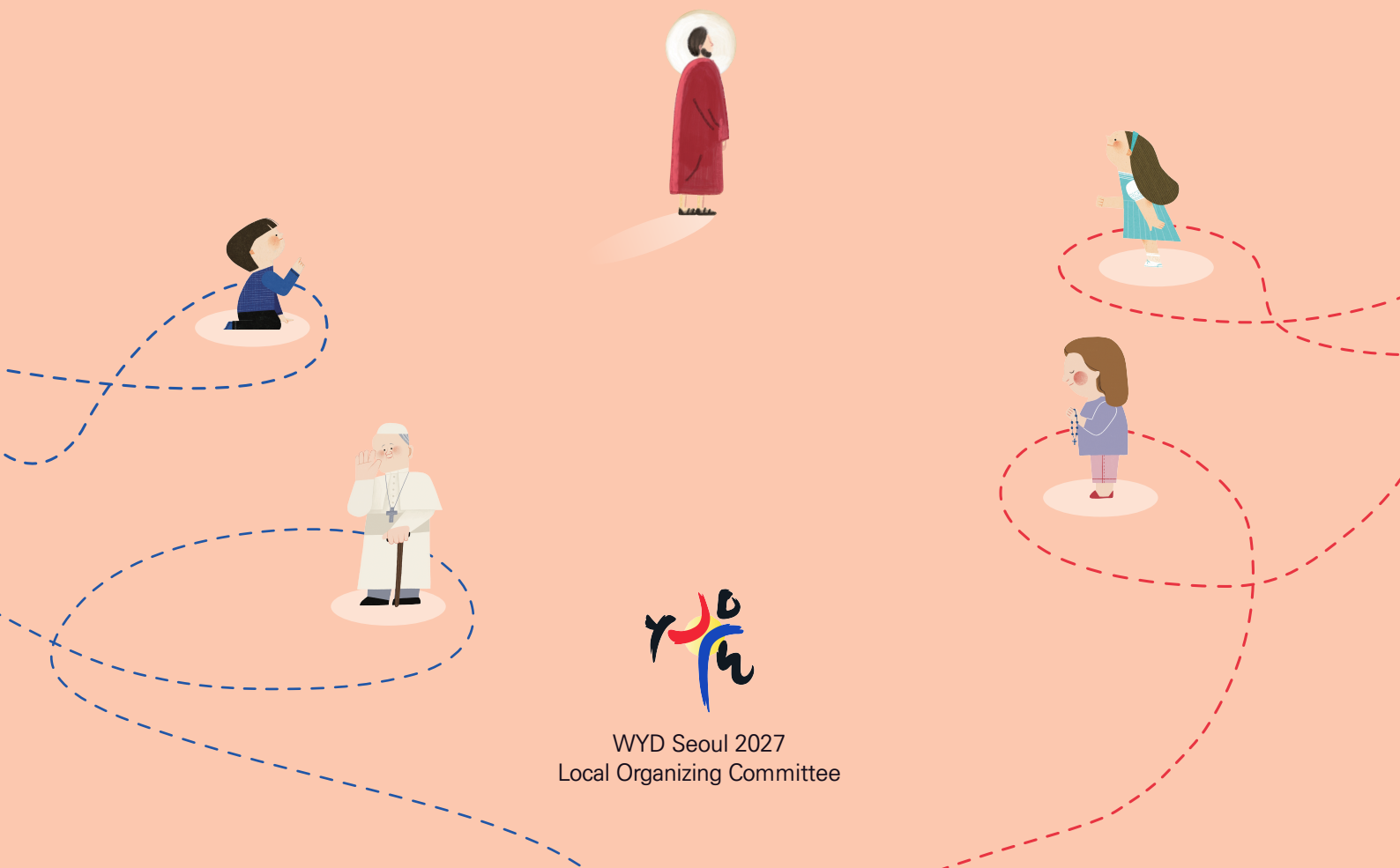


Workbook

# CHRIST IS ALIVE

CHRISTUS  
VIVIT



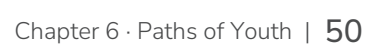
WYD Seoul 2027  
Local Organizing Committee

## Paths of Youth

You need to stay connected to Jesus, to “remain online” with him,  
since you will not grow happy and holy  
by your own efforts and intelligence alone.  
Just as you try not to lose your connection to the internet,  
make sure that you stay connected to the Lord.  
That means not cutting off dialogue,  
listening to him, sharing your life with him and,  
whenever you aren’t sure what you should do, asking him:  
“Jesus, what would you do in my place?”

Pope Francis, *Christus Vivit*, 158



Pope Francis, *Christus Vivit*, 167



## Let's Reflect

☐ God has placed many people around us to help us realize who He is and how much love He gives us in order to have a deep friendship with us. Who are the people in my life who passed on the faith to me or helped my faith life?

☐ Have I ever encouraged my friends in their faith?





## Conversation in the Spirit

### Opening Prayer

Pray the “Prayer for the Synod” together.

### Share and Listen

Choose a topic from “Let’s Reflect” to share. Each person should share their reflections based on their faith and life experiences for three to five minutes. The other participants should listen with an open mind.

### Listen to the Holy Spirit I

Take three minutes of silence to listen to what the Holy Spirit is saying to the group through the stories that have been shared. Refrain from any distractions, such as flipping through the book or taking notes, and focus entirely on the Holy Spirit.

### Open Your Heart

Take three to five minutes each to share the insights that resonated most deeply, how you felt God’s presence and action, and what continues to echo in your hearts.

### Listen to the Holy Spirit II

Take three minutes of silence to reflect on where the Holy Spirit is leading the group through today’s session.

### Move Forward Together

Discuss what important Gospel values the group has discovered through today’s listening and prayer. How can we live them out? What concrete efforts should we, as individuals or as a group, make to practice these values in our daily lives?





### Let's Take Action

Write a short prayer, thinking of someone who passed on the faith to you or helped you grow in your faith. Once everyone has completed their prayer, put them together to create a group prayer. Take a photo of your prayers and upload it to your social media with the hashtag **@wydseoul2027**.



### Unity in the Eucharist

If possible, conclude the session by celebrating Mass together to affirm our unity in the Eucharist. If attending Mass is not an option, spend time in silent prayer in front of the Blessed Sacrament and pray together with the “Prayer for the Youth”, the official prayer for the preparation for WYD Seoul 2027. If this is also difficult, conclude the gathering by reciting the following “Prayer of Unity in the Eucharist”.



### Prayer of Unity in the Eucharist

O Lord Jesus Christ, truly present in the Most Holy Sacrament,  
though we cannot now receive You sacramentally,  
we fervently pray to welcome You into our hearts.  
Together with the Immaculate and Holy Heart of Mary,  
come at least spiritually into our hearts,  
and grant us the grace to be united as one in You.  
We are members of Your Body;  
Let us never forget that we are one in You.  
May we always be instruments of Your glory,  
revealing Your presence to the world.  
All this we ask through Christ our Lord. Amen.



### One Step Further

#### The Story of Pope Francis and His Grandma Rosa

Pope Francis has often spoken of the wisdom of the elderly, especially grandparents, and the “great mission” they have in passing on the faith, emphasizing that their witness and practice of the faith through their lives is of the utmost importance. This idea of the Holy Father is also expressed in the pamphlet “You Have a Great Mission” (Avete un compito grande) by Aldo Maria Valli. In this work, Pope Francis beautifully describes how his grandmother Rosa taught him the faith when he was a child. It reads as follows:

I was blessed to grow up in a family that practiced faith in a simple and concrete way. Above all, it was my father’s mother, my grandmother, who showed me the path of faith. [...] Every Good Friday evening, my grandmother always took us to a candle-light procession. The procession culminated with the recumbent Jesus. My grandmother, when she arrived in front of Jesus, knelt down with us and whispered to us: “Jesus died, but tomorrow He will rise again!” It was from this woman, my grandmother, that I first heard the proclamation of the Good News of the Gospel! How beautiful it was! To hear the first proclamation at home, with my family! And it makes me think of the love of many mothers and grandmothers who pass on the faith. It is they who show us the faith.

[...] It was my grandmother, Rosa, who taught me to pray. She taught me the faith. She also told me about the lives of the saints. When I was thirteen months old, my little brother was born, and my mother was unable to care for two young children. So my grandmother, who lived a few steps away, would pick me up in the morning and take me back home in the evening.

When I confessed my desire to enter the seminary, my grandmother said: “If God calls you, that is very good, but do not forget that this home is always open. If you change your mind, no one will blame you.”

Another saying of Grandma Rosa, which the Pope relayed, is: When I was in the seminary, my grandmother told me: “If you become a priest, do not forget that the most important thing is to celebrate Mass. And she often told us, as children, There are no pockets in a shroud.”

In his breviary, Pope Francis still has the testament that Grandma Rosa wrote to her grandchildren: “May my grandchildren, to whom I have given the best of my heart, have a long and happy life. But if there are days of pain or illness, or if the loss of a loved one fills them with despair, may they remember that if they look to Mary, who sighs in the tabernacle where the greatest and most noble martyr is buried and stands at the foot of the Cross, it is as a drop of balsam on even the deepest and most painful wounds.”

Aldo Maria Valli, *Avete un compito grande*

