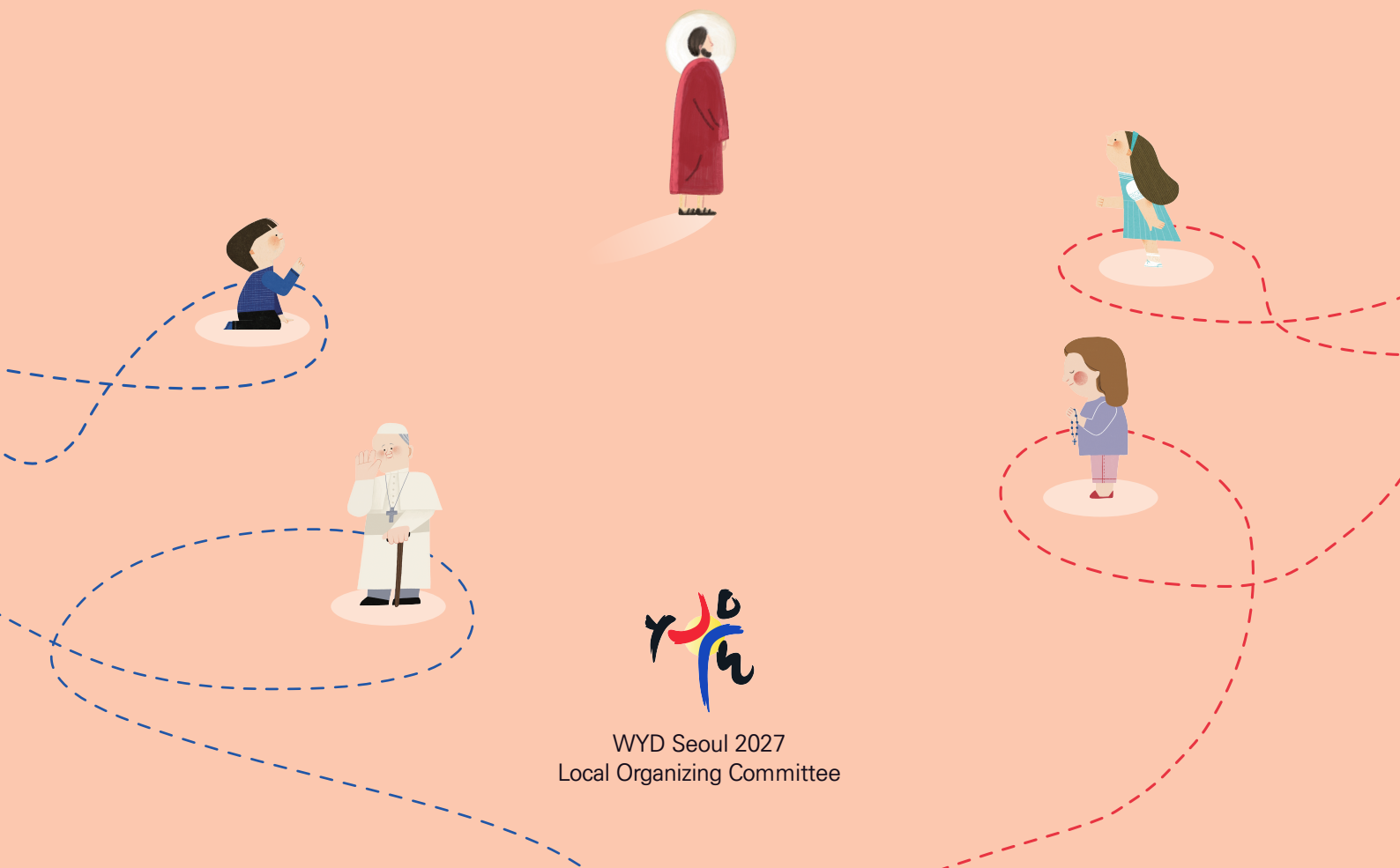


Workbook

CHRIST IS ALIVE

CHRISTUS
VIVIT



WYD Seoul 2027
Local Organizing Committee

Jesus, Ever Young

He is in you, [...]
He calls you
and he waits for you to return to him
and start over again.

When you feel you are growing old
out of sorrow, resentment or fear, doubt or failure,
he will always be there to restore your strength and your hope.

Pope Francis, *Christus Vivit*, 2





Let's Read

Read chapters 1 and 2 of *Christus Vivit* carefully. If any passage touches your heart, pause for a moment and reflect on what moved you and why. Write down your thoughts below.

Handwriting practice lines consisting of multiple sets of horizontal dotted lines for writing.



Head of Christ, Rembrandt, 1645-1650



Let's Reflect

☐ What does “youth” mean to me?

☐ Pope Francis emphasized that it is very important to “contemplate the young Jesus” (*Christus Vivit*, 31). Among the images of Jesus in the Bible, which one comes to mind first? Has there ever been a time I felt particularly loved by Jesus?

☐ “Even though to many young people, God, religion and the Church seem empty words, they are sensitive to the figure of Jesus when he is presented in an attractive and effective way” (*Christus Vivit*, 39). What does the Church need in order to present “the attractive parts of Christ” to the youth today?



Conversation in the Spirit

Opening Prayer

Pray the “Prayer for the Synod” together.

Share and Listen

Choose a topic from “Let’s Reflect” to share. Each person should share their reflections based on their faith and life experiences for three to five minutes. The other participants should listen with an open mind.

Listen to the Holy Spirit I

Take three minutes of silence to listen to what the Holy Spirit is saying to the group through the stories that have been shared. Refrain from any distractions, such as flipping through the book or taking notes, and focus entirely on the Holy Spirit.

Open Your Heart

Take three to five minutes each to share the insights that resonated most deeply, how you felt God’s presence and action, and what continues to echo in your hearts.

Listen to the Holy Spirit II

Take three minutes of silence to reflect on where the Holy Spirit is leading the group through today’s session.

Move Forward Together

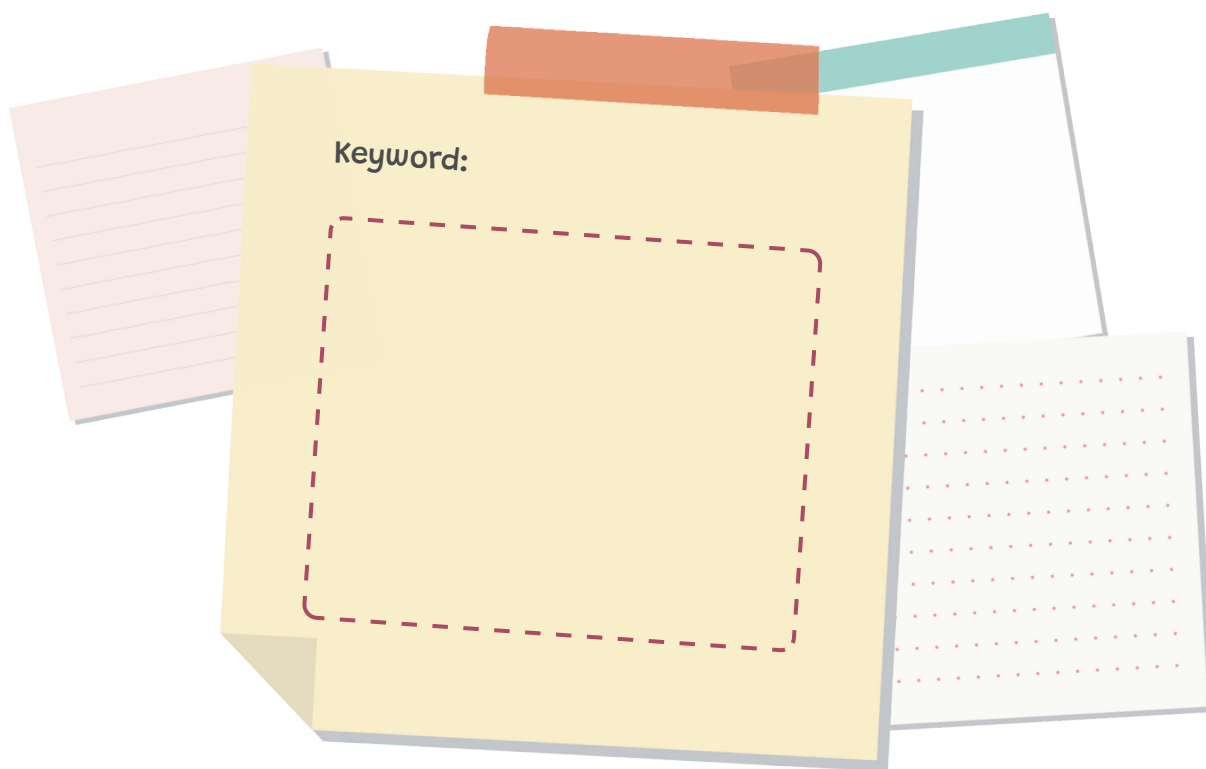
Discuss what important Gospel values the group has discovered through today’s listening and prayer. How can we live them out? What concrete efforts should we, as individuals or as a group, make to practice these values in our daily lives?





Let's Take Action

Choose a keyword from today's gathering that resonated with you. Write it on a sticky note, gather them together, and take a photo. Upload the photo to your social media with the hashtag **@wydseoul2027**.



Unity in the Eucharist

If possible, conclude the session by celebrating Mass together to affirm our unity in the Eucharist. If attending Mass is not an option, spend time in silent prayer in front of the Blessed Sacrament and pray together with the “Prayer for the Youth”, the official prayer for the preparation for WYD Seoul 2027. If this is also difficult, conclude the gathering by reciting the following “Prayer of Unity in the Eucharist”.



Prayer of Unity in the Eucharist

O Lord Jesus Christ, truly present in the Most Holy Sacrament,
though we cannot now receive You sacramentally,
we fervently pray to welcome You into our hearts.
Together with the Immaculate and Holy Heart of Mary,
come at least spiritually into our hearts,
and grant us the grace to be united as one in You.
We are members of Your Body;
Let us never forget that we are one in You.
May we always be instruments of Your glory,
revealing Your presence to the world.
All this we ask through Christ our Lord. Amen.



One Step Further

The first saint of the 21st century is about to be canonized. Pope Francis has officially recognized the miracle needed for the canonization of Blessed **Carlo Acutis***. [...] Devoted to Our Lady, Blessed Carlo Acutis prayed the Rosary every day in front of the Eucharist. “The Eucharist is my highway to heaven, he wrote. When people sit in the sun, they become tan, but when they sit before Eucharistic Jesus, they become saints.” He lived an ordinary teenage life and passed away from leukemia in 2006.



Catholic Times of Korea, June 2, 2024

Carlo Acutis* (1991-2006): A young Italian Blessed venerated as the “patron saint of the Internet”. A self-taught coder, he created a website cataloging Eucharistic miracles worldwide and returned to the Lord at the age of 15.