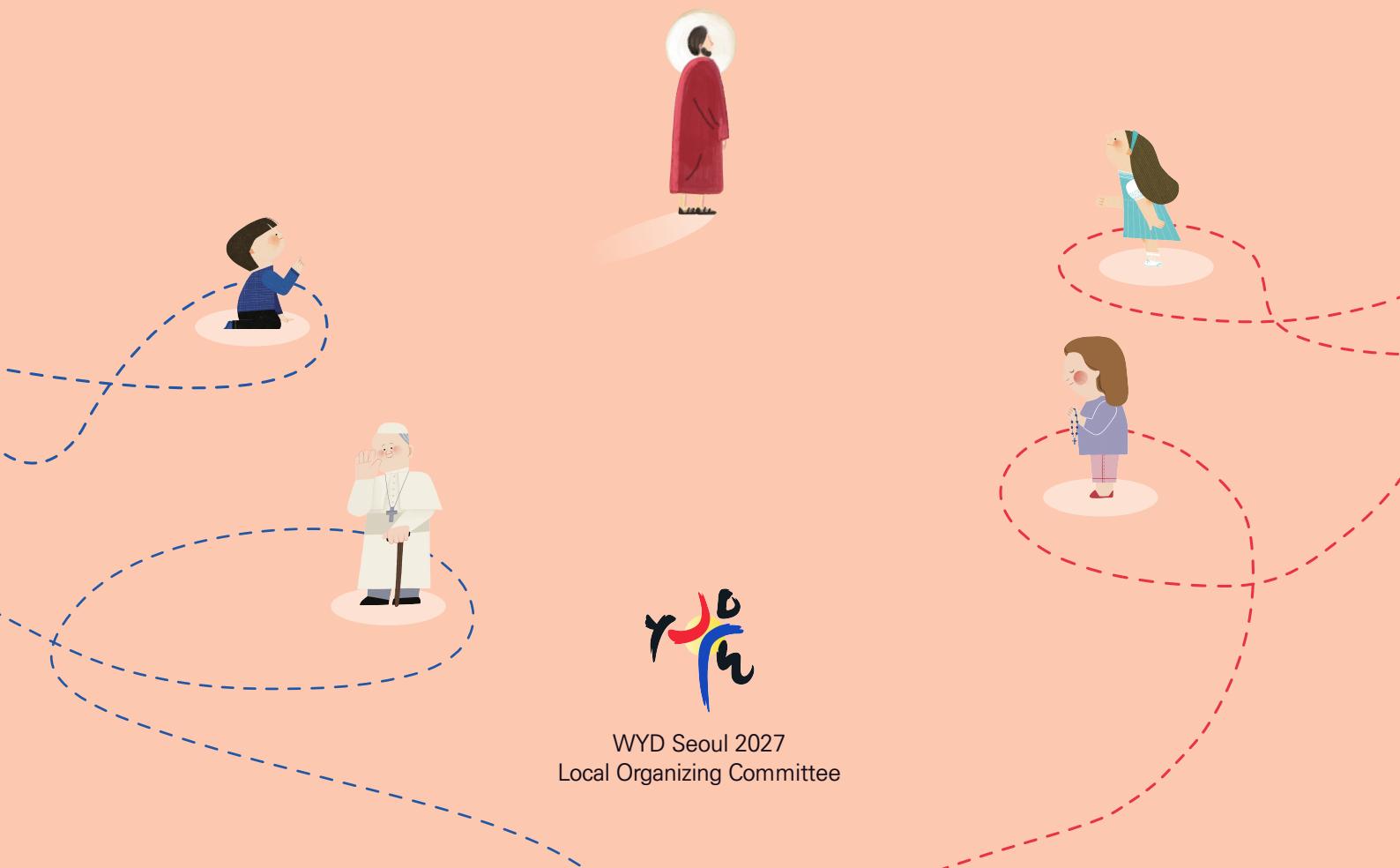


Workbook

# CHRIST IS ALIVE

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CHRISTUS  
VIVIT



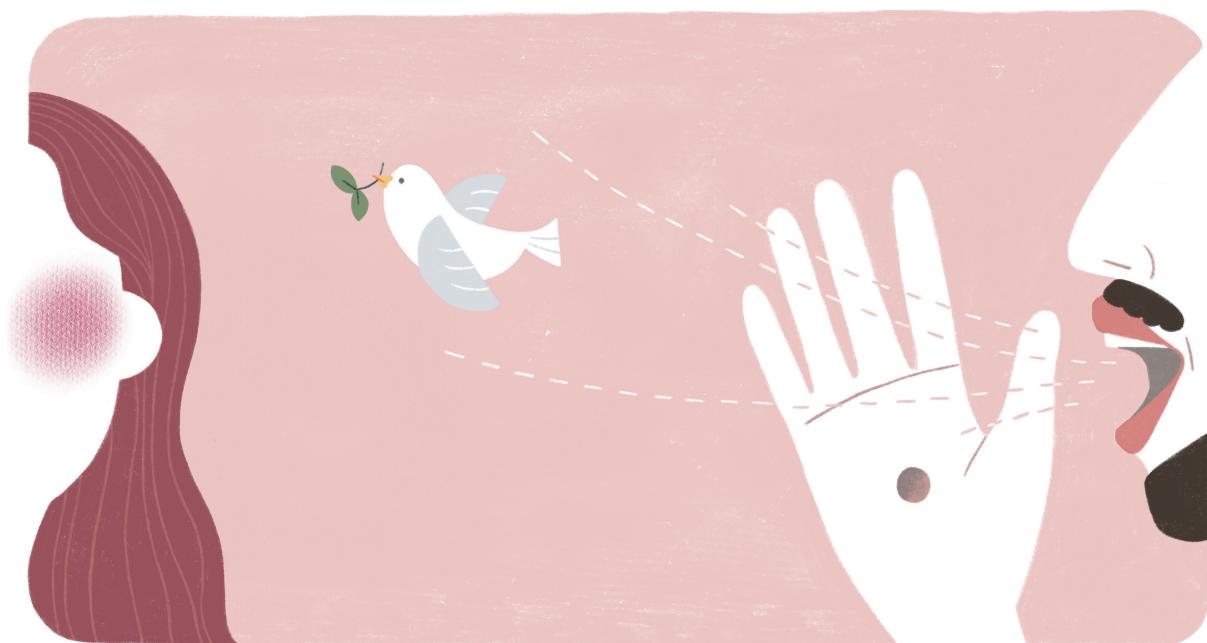
WYD Seoul 2027  
Local Organizing Committee

## God Calls Us

The Lord calls each and every one of us, as members of his faithful pilgrim people, to participate in his loving plan and to embody the beauty of the Gospel in different states of life.

Our life finds fulfillment when we discover who we are, what our gifts are, where we can make them bear fruit, and what path we can follow in order to become signs and instruments of love, generous acceptance, beauty and peace, wherever we find ourselves.

Pope Francis,  
Message of His Holiness for the 61st World Day of Prayer for Vocations (2024)





## Let's Read

Carefully read the passage, stopping and reflecting if any phrase touches your heart. Write down your thoughts on the passage below.

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The Gospel passage recounts for us the remarkable experience of Jesus and Peter during a stormy night on the Sea of Galilee (cf. Matthew 14:22-33). After the multiplication of the loaves, which had astonished the crowds, Jesus told his disciples to get into the boat and precede him to the other shore, while he took leave of the people. The image of the disciples crossing the lake can evoke our own life's journey. Indeed, the boat of our lives slowly advances, restlessly looking for a safe haven and preparing to face the perils and promises of the sea, yet at the same time trusting that the helmsman will ultimately keep us on the right course. At times, though, the boat can drift off course, misled by mirages, not the lighthouse that leads it home, and be tossed by the tempests of difficulty, doubt and fear.

Something similar takes place in the hearts of those who, called to follow the Teacher of Nazareth, have to undertake a crossing and abandon their own security to become the Lord's disciples. The risk involved is real: the night falls, the headwinds howl, the boat is tossed by the waves, and fear of failure, of not being up to the call, can threaten to overwhelm them.

The Gospel, however, tells us that in the midst of this challenging journey we are not alone. Like the first ray of dawn in the heart of the night, the Lord comes walking on the troubled waters to join the disciples; he invites Peter to come to him on the waves, saves him when he sees him sinking and, once in the boat, makes the winds die down. [...]

Every vocation is born of that gaze of love with which the Lord came to meet us, perhaps even at a time when our boat was being battered by the storm. Vocation, more than our own choice, is a response to the Lord's unmerited call. We will succeed in discovering and embracing our vocation once we open our hearts in gratitude and perceive the passage of God in our lives.

Pope Francis,  
Message of His Holiness for the 57th World Day of Prayer for Vocations (2020)

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## Let's Reflect



When did I start believing in God? How did my faith begin?



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Have I had an encounter with God in my faith life? (It doesn't have to be an extraordinary experience. Take a moment to reflect on how God is calling and guiding you in your daily life, and write it down.)



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### Opening Prayer

Pray the “Prayer for the Synod” together.

### Share and Listen

Choose a topic from “Let’s Reflect” to share. Each person should share their reflections based on their faith and life experiences for three to five minutes. The other participants should listen with an open mind.

### Listen to the Holy Spirit I

Take three minutes of silence to listen to what the Holy Spirit is saying to the group through the stories that have been shared. Refrain from any distractions, such as flipping through the book or taking notes, and focus entirely on the Holy Spirit.

### Open Your Heart

Take three to five minutes each to share the insights that resonated most deeply, how you felt God’s presence and action, and what continues to echo in your hearts.

### Listen to the Holy Spirit II

Take three minutes of silence to reflect on where the Holy Spirit is leading the group through today’s session.

### Move Forward Together

Discuss what important Gospel values the group has discovered through today’s listening and prayer. How can we live them out? What concrete efforts should we, as individuals or as a group, make to practice these values in our daily lives?





## Let's Take Action

Complete the sentence below about who God is to you. Write the word or phrase that goes in the blank on a sticky note, put your answers together, and take a picture. Upload the photo to your social media with the hashtag **@wydseoul2027**.





## Unity in the Eucharist

If possible, conclude the session by celebrating Mass together to affirm our unity in the Eucharist. If attending Mass is not an option, spend time in silent prayer in front of the Blessed Sacrament and pray together with the “Prayer for the Youth”, the official prayer for the preparation for WYD Seoul 2027. If this is also difficult, conclude the gathering by reciting the following “Prayer of Unity in the Eucharist”.



### Prayer of Unity in the Eucharist

O Lord Jesus Christ, truly present in the Most Holy Sacrament,  
though we cannot now receive You sacramentally,  
we fervently pray to welcome You into our hearts.  
Together with the Immaculate and Holy Heart of Mary,  
come at least spiritually into our hearts,  
and grant us the grace to be united as one in You.  
We are members of Your Body;  
Let us never forget that we are one in You.  
May we always be instruments of Your glory,  
revealing Your presence to the world.  
All this we ask through Christ our Lord. Amen.



## One Step Further

Many young people today seriously question whether life is something good, and have a hard time finding their way. More generally, however, young people look at the difficulties of our world and ask themselves: is there anything I can do? The light of faith illuminates this darkness. It helps us to understand that every human life is priceless because each of us is the fruit of God's love. God loves everyone, even those who have fallen away from him or disregard him. God waits patiently.

Pope Benedict XVI, Message of His Holiness for the 28th World Youth Day (2013)