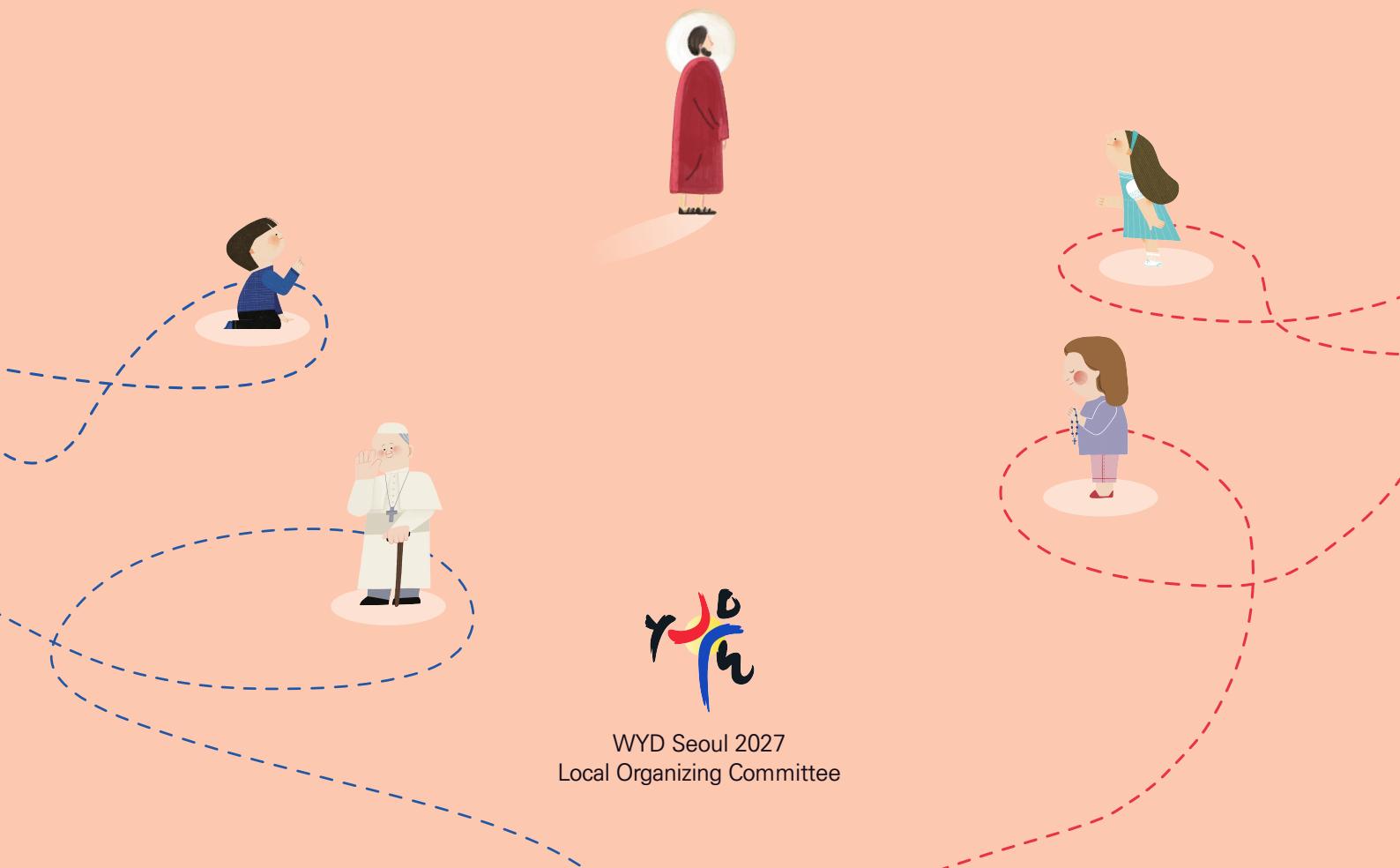


Workbook

# CHRIST IS ALIVE

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CHRISTUS  
VIVIT



WYD Seoul 2027  
Local Organizing Committee

## Setting Out on the Journey

So often in life,  
we waste time asking ourselves: “Who am I?”

You can keep asking, Who am I?  
for the rest of your lives.  
But the real question is: “For whom am I?”

Pope Francis, *Christus Vivit*, 286





## Nice to Meet You

Fill out the Bingo card below to learn more about yourself, and get to know each other by crossing them off with the group members.

1. Answer the questions on the Bingo card.
2. Walk around, finding people who have the same answers as you. Write their name in the box and cross it off.
3. The first person to complete 2 rows is the winner!

### • B I N G O •

Hot coffee or iced coffee? [        ] _____	My favorite season is: [        ] _____	If I were to join the consecrated life, I'd be a: [        ] _____	My favorite time for prayer is: [        ] _____
My favorite food is: [        ] _____	My favorite place in the church is: [        ] _____	Baptism: as an adult, a baby, or not yet? [        ] _____	My favorite movie or TV show is: [        ] _____
I usually wake up at: [        ] _____	My MBTI is: [        ] _____	Beach party or ski resort? [        ] _____	Confirmation: I've got the Spirit! or not yet? [        ] _____
Confession: with the screen or face-to-face? [        ] _____	On my day off, I like to: stay at home or hang with friends? [        ] _____	My hobby is: [        ] _____	Pineapple on pizza - yes or no? [        ] _____



## Let's Read

Carefully read the passage, stopping and reflecting if any phrase touches your heart. Write down your thoughts on the passage below.

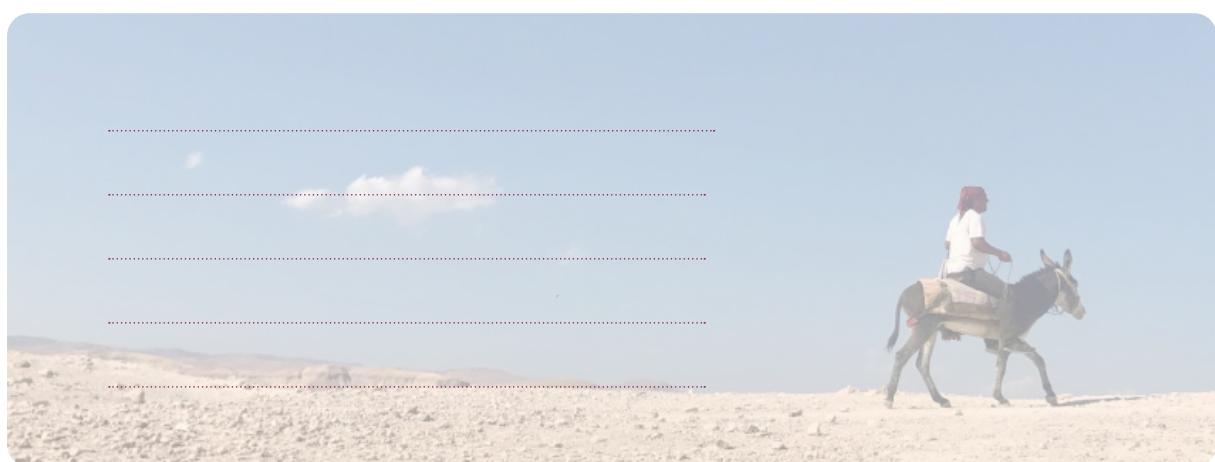
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In both East and West, we may trace a journey which has led humanity down the centuries to meet and engage truth more and more deeply. It is a journey which has unfolded – as it must – within the horizon of personal self-consciousness: the more human beings know reality and the world, the more they know themselves in their uniqueness, with the question of the meaning of things and of their very existence becoming ever more pressing. This is why all that is the object of our knowledge becomes a part of our life. The admonition “Know yourself” was carved on the temple portal at Delphi, as testimony to a basic truth to be adopted as a minimal norm by those who seek to set themselves apart from the rest of creation as “human beings”, that is as those who “know themselves”.

Moreover, a cursory glance at ancient history shows clearly how in different parts of the world, with their different cultures, there arise at the same time the fundamental questions which pervade human life: “Who am I? Where have I come from and where am I going? Why is there evil? What is there after this life?” These are the questions which we find in the sacred writings of Israel, as also in the Veda and the Avesta; we find them in the writings of Confucius and Lao-Tze, and in the preaching of Tirthankara and Buddha; they appear in the poetry of Homer and in the tragedies of Euripides and Sophocles, as they do in the philosophical writings of Plato and Aristotle. They are questions which have their common source in the quest for meaning which has always compelled the human heart. In fact, the answer given to these questions decides the direction which people seek to give to their lives.

St. John Paul II, *Fides Et Ratio*, 1

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## Let's Reflect

- Who am "I"? What good do others see in me, and what are the strengths and gifts that I see?

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### Opening Prayer

Pray the “Prayer for the Synod” together.

### Share and Listen

Choose a topic from “Let’s Reflect” to share. Each person should share their reflections based on their faith and life experiences for three to five minutes. The other participants should listen with an open mind.

### Listen to the Holy Spirit I

Take three minutes of silence to listen to what the Holy Spirit is saying to the group through the stories that have been shared. Refrain from any distractions, such as flipping through the book or taking notes, and focus entirely on the Holy Spirit.

### Open Your Heart

Take three to five minutes each to share the insights that resonated most deeply, how you felt God’s presence and action, and what continues to echo in your hearts.

### Listen to the Holy Spirit II

Take three minutes of silence to reflect on where the Holy Spirit is leading the group through today’s session.

### Move Forward Together

Discuss what important Gospel values the group has discovered through today’s listening and prayer. How can we live them out? What concrete efforts should we, as individuals or as a group, make to practice these values in our daily lives?





## Unity in the Eucharist

If possible, conclude the session by celebrating Mass together to affirm our unity in the Eucharist. If attending Mass is not an option, spend time in silent prayer in front of the Blessed Sacrament and pray together with the “Prayer for the Youth”, the official prayer for the preparation for WYD Seoul 2027. If this is also difficult, conclude the gathering by reciting the following “Prayer of Unity in the Eucharist”.



### Prayer of Unity in the Eucharist

O Lord Jesus Christ, truly present in the Most Holy Sacrament,  
though we cannot now receive You sacramentally,  
we fervently pray to welcome You into our hearts.  
Together with the Immaculate and Holy Heart of Mary,  
come at least spiritually into our hearts,  
and grant us the grace to be united as one in You.  
We are members of Your Body;  
Let us never forget that we are one in You.  
May we always be instruments of Your glory,  
revealing Your presence to the world.  
All this we ask through Christ our Lord. Amen.

Approved by Peter Soon-Taick, CHUNG, Archbishop of Seoul, February 18, 2025



## One Step Further

We can think of all those times in our lives when we have experienced the darkness of night. Yet even then, God does not abandon us, but is there to answer our crucial questions about the meaning of life. Who am I? Where do I come from? Why was I born at this time in history? Why do I love? Why do I suffer? Why will I die? It was to answer these questions that God became man. His closeness brings light where there is darkness and shows the way to those dwelling in the shadow of suffering (cf. Luke 1:79).

Pope Francis, *Admirabile Signum*, 4